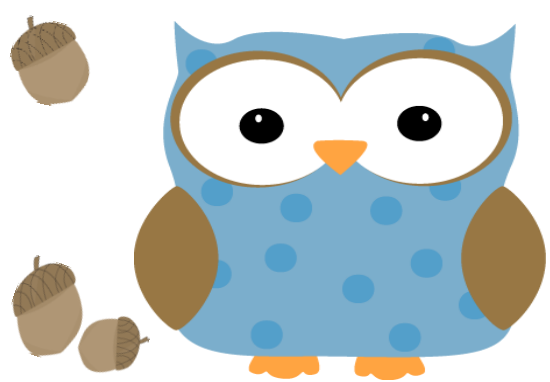


FOOD MENU

November, Week Ending 10/31-11/4

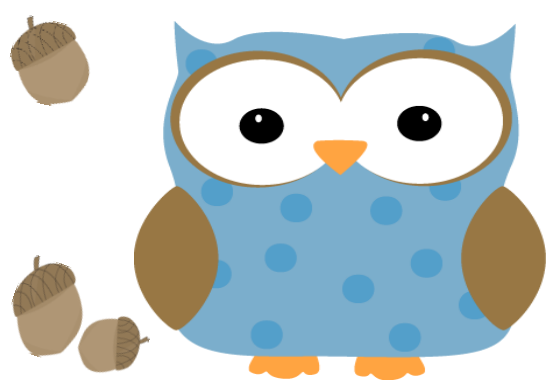
		Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Meat/ Meat Alternate					
	Fruit/ Bread Alternate	Pancakes	French Toast	Cheerios	WG Bagel	English Muffin
	Fruit/Veg/100% Juice	Sliced Apples	Diced Peaches	Bananas	Strawberries	Oranges
	Milk	Milk	Milk	Milk	Milk	Milk
Lunch	Meat/ Meat Alternate	Grilled Cheese	Ground Turkey	Salisbury Steak	Chicken Thighs	Fish Sticks
	Bread/ Bread Alternate	WG Sliced Bread	Spaghetti Noodles	Dinner Roll	WG Sliced Bread	WG Sliced Bread
	Vegetable	Green Beans	Corn	Mashed Potatoes	Carrots	Mixed Vegetables
	Fruit or Vegetable	Mixed Fruit	Sliced Peaches	Mandarin Oranges	Sliced Pears	Mangoes
	Milk	Milk	Milk	Milk	Milk	Milk
Snack	Meat/ Meat Alternate	Cheese Sauce		Peanut and Jelly		Yogurt
	Bread/ Bread Alternate	Tortilla Chips	Goldfish Crackers	WG Crackers	Graham Crackers	
	Fruit /100% Juice		100% Apple Juice		100% Fruit Punch	Blueberries
	Vegetable					
	Milk					



FOOD MENU

November, Week Ending 11/7-11/11

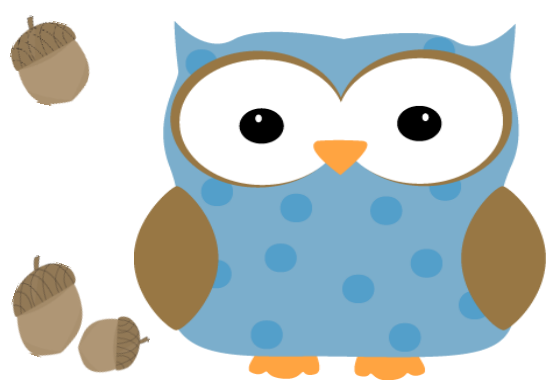
		Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Meat/ Meat Alternate			Turkey Sausage		Eggs
	Fruit/ Bread Alternate	Raisin Bread	Waffles	WG Toast	Oatmeal	Crossaint
	Fruit/Veg/100% Juice	Fruit Cocktail	Strawberries	Bananas	Fruit Salad	Mandarin Oranges
	Milk	Milk	Milk	Milk	Milk	Milk
Lunch	Meat/ Meat Alternate	Turkey Meatballs	Chicken Nuggets	Lasagna	Turkey Burger	Chicken Legs
	Bread/ Bread Alternate	WG Sliced Bread	WG Sliced Bread	Bread Sticks	WG Hamburger Bun	Dinner Roll
	Vegetable	Macaroni/ Cheese	Green Beans	Tossed Salad	Sweet Potato Fries	Sweet Peas
	Fruit or Vegetable	Applesauce	Diced Peaches	Diced Pears	Mandarin Oranges	Sliced Apples
	Milk	Milk	Milk	Milk	Milk	Milk
Snack	Meat/ Meat Alternate	Wheat Thins		Diced Ham		Cheese Sauce
	Bread/ Bread Alternate	Sliced Cheese	WG Ritz Crackers	Saltine Crackers	Cheese Crackers	Pretzel
	Fruit /100% Juice		100% Fruit Punch		100% Apple Juice	
	Vegetable					
	Milk					



FOOD MENU

November, Week Ending 11/14-11/18

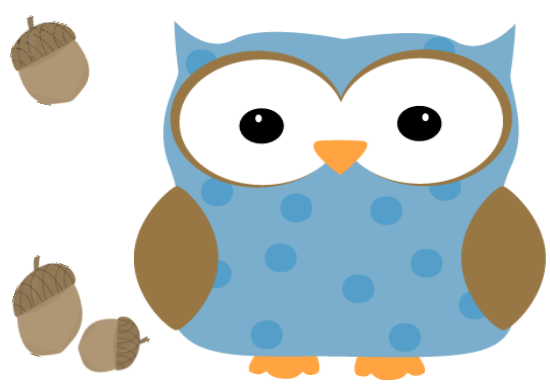
		Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Meat/ Meat Alternate					
	Fruit/ Bread Alternate	WG Bagel	Muffin	Biscuit w/ jelly	Hash Browns	Cornflakes
	Fruit/Veg/100% Juice	Mandarin Oranges	Blueberries	Canteloupe	Pears	Strawberries
	Milk	Milk	Milk	Milk	Milk	Milk
Lunch	Meat/ Meat Alternate	Ravoli w/ meat sauce	Stew Meat	Chicken Breast	Country Fried Steak	Cheese
	Bread/ Bread Alternate	WG Sliced Bread	WG Sliced Bread	WG Sliced Bread	WG Sliced Bread	Pizza Crust
	Vegetable	Corn	Peas & Carrots	Broccoli	Mashed Potatoes	Baked French Fries
	Fruit or Vegetable	Peaches	Fruit Salad	Sliced Oranges	Pineapples	Applesauce
	Milk	Milk	Milk	Milk	Milk	Milk
Snack	Meat/ Meat Alternate		Sliced Cheese	Peanut Butter		Turkey Ham
	Bread/ Bread Alternate	Animal Crackers	Club Crackers			Saltine Crackers
	Fruit /100% Juice				100% Apple Juice	
	Vegetable			Celery	Carrot Sticks	
	Milk	Milk				



FOOD MENU

November, Week Ending 11/21-11/25

		Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Meat/ Meat Alternate		Turkey Bacon			
	Fruit/ Bread Alternate	Grilled Cheese	Grits	Cheerios		
	Fruit/Veg/100% Juice	Diced Mangos	Fruit Cocktail	Bananas		
	Milk	Milk	Milk	Milk		
Lunch	Meat/ Meat Alternate	Ham/ Cheese	Ground Turkey	Turkey Breast		
	Bread/ Bread Alternate	WG Sliced Bread	Soft Tortillas	Dinner Roll		
	Vegetable	Mixed Vegetables	Lettuce/ Tomato	Yams		
	Fruit or Vegetable	Pineapple Tidbits	Mixed Fruit	Cabbage		
	Milk	Milk	Milk	Milk		
Snack	Meat/ Meat Alternate	String Cheese				
	Bread/ Bread Alternate		Pie Crust			
	Fruit /100% Juice	100% Orange Juice				
	Vegetable		Sweet Potatoes			
	Milk					



FOOD MENU

November, Week Ending 11/28-11/30

		Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Meat/ Meat Alternate					
	Fruit/ Bread Alternate	Waffles	French Toast	Pancakes		
	Fruit/Veg/100% Juice	Sliced Apples	Tropical Fruit	Peaches		
	Milk	Milk	Milk	Milk		
Lunch	Meat/ Meat Alternate	Fish Fillets	Chicken Patty	Turkey Ham/Cheese		
	Bread/ Bread Alternate	WG Wheat Bread	Hamburger Bun	WG Tortilla		
	Vegetable	Peas	Lettuce/Tomato	Green Beans		
	Fruit or Vegetable	Pears	Mandarin Oranges	Canteloupe		
	Milk	Milk	Milk	Milk		
Snack	Meat/ Meat Alternate		Peanut Butter			
	Bread/ Bread Alternate	Goldfish Crackers	Graham Crackers	Pretzels		
	Fruit /100% Juice	100% Apple Juice		100% Grape Juice		
	Vegetable					
	Milk					